



CCSS 40-Hour Training Schedule

	Date and Time	Session
Week 1	4/7/20 Tues. 6-9P	Foundations of DV and Dynamics of DV 1 (3 Hrs.)
	4/11/20 Sat. 830A-1230P	Dynamics of DV 2 (4 Hrs.)*
Week 2	4/14/20 Tues. 6-9P	Cultural Humility and Anti-Racism (3 Hrs.)*
	4/18/20 Sat. 830A-1230P	IDVA and Legal Issues (4 Hrs.)
Week 3	4/21/20 Tues. 6-9P	Other Legal Topics Impacting DV and Outreach Programs (3 Hrs.)*
	4/25/20 Sat. 830A-1230P	Advocacy and Documentation and Safety and Assessment (4 Hrs.)*
Week 4	4/28/20 Tues. 6-9P	Children's Issues (3 Hrs.)
	5/2/20 Sat. 830A-1230P	Counseling DV Survivors and Basic Crisis Intervention (4 Hrs.)*
Week 5	5/5/20 Tues. 6-9P	Abusive Persons and Teen Dating Violence (3 Hrs.)
	5/9/20 Sat. 830A-1230P	Working with Complex Populations I (4 Hrs.)
Week 6	5/12/20 Tues. 6-9P	Working with Complex Populations II (3 Hrs.)
	5/16/20 Sat. 830A-1230P	Self-Care Boundaries (4 Hrs.)*

Curriculum Details

Welcome and Introductions

Foundations of Domestic Violence

- Definition of Domestic Violence
- Recognizing Abuse
- "No One Would Tell" Video
- Warning Signs and Red Flags
- The Drawbridge Exercise
- Historical and Feminist Perspectives
- Societal and Institutional Issues
- Myth-Busting Quiz
- Myths and Realities
- **Dynamics of Domestic Violence 1**
- Statistics of Domestic Violence
- "Mary's Story" Video

Dynamics of Domestic Violence 2

- Cycle of Violence
- Power and Control Wheel
- Types of Abuse
- "Every 9 Seconds" Video
- Barriers or Challenges to Leaving an Abuser
- Identifying Victims/Survivors
- Characteristics of Abusers
- Lethality Checklist
- The "Heather" Story
- "How Aware Are You?" Quiz

Cultural Humility and Anti-Racism

- Anti-Racism
- Defining Cultural Competence and Related Terms
- Importance
- Cultural Competence Model & Awareness Exercise
- Developing Cultural Competence
- Helping Victims

Religious Aspects of Domestic Violence

- Inclusive Discussions
- Awareness & Respect
- Collaboration with Religious Communities
- Strategies for Religious Accessibility
- Resource or Roadblock?

IDVA and Legal Issues

- Illinois Domestic Violence Act (IDVA)
- Civil & Criminal Orders of Protection
- Civil Order of Protection Process Video
- Criminal Offenses & Filing Charges
- Conditions of Bond
- Order of Protection Types & Remedies
- Court Advocates
- Full Faith and Credit
- Law Enforcement
- Other Protections & Laws
- Elder Abuse
- Immigration Issues – VAWA & U Visa
- Firearm Prohibitions

Other Legal Topics Impacting DV Victims

- Parentage/Paternity
- Visitation Issues
- Child Abduction
- Concerns About Leaving the State

Outreach Programs

- Community Policing
- Medical Advocacy

Advocacy & Documentation

- Defining Advocacy
- Types of Advocacy
- Client Rights
- Client Record Practices
- Documentation Do's and Don'ts

Safety and Assessment

- Safety Planning
- Lethality Assessment
- "Lola and Lisa" Video
- Suicide Assessment
- Risk Factors & Warning Signs
- Suicide Safety Planning
- Clinical Considerations

Children's Issues

- Children's Services
- Case Vignettes
- Effects of Domestic Violence on Children
- Children's Domestic Abuse Wheel
- Mandated Reporting
- Safety Planning for Children
- Therapeutic Techniques, Tools, and Focus
- Barriers to DV Counseling with Children
- Success Stories

Counseling Domestic Violence Survivors

- Defining DV Counseling
- Accessing Services
- Service Planning
- Listening & Other Counseling Skills
- Confidentiality
- Personal/Professional Boundaries
- Empowerment Process

Basic Crisis Intervention Skills

- Defining Crisis
- Guidelines to Crisis Intervention
- Dos and Don'ts

Abusive Persons

- Overview of "People who Abuse"
- Strangulation
- Partner Abuse Intervention Program (PAIP) Services
- Choices Program
- Tough Guise Video

Teen Dating Violence

- Teen Dating Violence Testimonies
- Mandated Violence Prevention Education
- Youth/Teen Dating Violence Defined
- Statistics
- Counseling, Emergency Shelter, and Orders of Protection for Minors
- Safety Planning for Teen Dating
- Safe Start Program Overview

Working with Complex Populations 1/Unique Issues

- Generational Needs & Video
- Rural Women & Video
- Barriers for Immigrant Victims
- "Between Worlds" and "Hida's Story" Videos
- People with Unique Challenges & Mental Health Issues
- "Human Trafficking: Stop the Silence" Video
- Prostitution & Trafficking Worksheet Activity
- DVD Presentation
- "Truckers Against Trafficking" Video
- Reflective Discussion

Working with Complex Populations 2/Unique Issues

- LGBTQIAP Activities
- LGBTQ+ Overview
- Myths vs. Facts
- Homophobia & Heterosexism
- Power & Privilege
- Intimate Partner Violence
- Barriers & Strategies for LGBTQIA Survivors
- Diversity & Inclusion
- DV and Substance Abuse
- Consequences & Barriers
- Substance Abuse and DV Abusers

Self-Care/Boundaries

- Stress, Burnout, Compassion Fatigue & Trauma
- Symptoms
- Compassion Fatigue
- Coping & Prevention Techniques

Crisis Center for South Suburbia

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