



www.crisisctr.org

RESOURCES IN RESPONSE TO COVID-19

HOTLINES

The Illinois Department of Public Health (IDPH) has a statewide COVID-19 hotline and website to answer any questions from the public or to report a suspected case: call 1 (800) 889-3931 or visit www.DPH.illinois.gov

City of Chicago Coronavirus Response Hotline: (312) 746-7425 (SICK): Mon-Fri 8am-4pm

Call them for instructions especially for those who are uninsured www.chicago.gov/coronavirus

Swedish Hospital: COVID-19 Hotline staffed with trained clinicians available to answer questions and offer assistance and the latest guidance. The number is (773) 907-7700

LEGAL ASSISTANCE

From the Cook County States Attorney's Office

<https://www.cookcountystatesattorney.org/news/cook-county-state-s-attorneys-office-cityofficials-bring-awareness-resources-survivors>

HEALTHCARE

List of all Federally Qualified Health Clinics (FQHCs) in Chicago

https://npidb.org/organizations/ambulatory_health_care/federally-qualified-health-centerfqhc_261qf0400x/il/?location=chicago&page=2

Heartland Health Center Wilson: (773) 751 7800

<https://www.heartlandhealthcenters.org/locations/hhc-wilson/>

All Heartland Health Center Locations: <https://www.heartlandhealthcenters.org/locations/>

Chicago Women's Health Center:

Mon-Fri 9-4pm; 773 935 6126 by appointment only - 1025 W. Sunnyside, Suite 201, Chicago, IL 60640

<http://www.chicagowomenshealthcenter.org/>

Sunnyside Health Center:

Mon-Fri 8am-5pm; 773-878-8098 appointments encouraged

4501 N. Sheridan Rd, Chicago, IL 60640

<https://www.nearnorthhealth.org/sunnyside-health-center>

Planned Parenthood of Illinois (PPIL):

<https://www.plannedparenthood.org/planned-parenthood-illinois>

PPIL Rogers Park: 773 942 7193; 5725 N. Broadway, Chicago, IL 60660

Online Appointments and All locations: <https://www.plannedparenthood.org/plannedparenthood-illinois/locations>

COPING AND MENTAL HEALTHCARE

Crisis / Emergency Mental Health Providers:

<https://www.dhs.state.il.us/page.aspx?item=30893>

Supporting your Mental Health During COVID-19

<https://www.psychologytoday.com/us/blog/anxiety-zen/202003/19-ways-support-your-mentalhealth-during-covid-19>

Managing Stress: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stressanxiety.html?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c00155d03b5dd&ceid=2639458>

FOR PARENTS AND CAREGIVERS

Chicago Public Schools: www.CPS.edu/coronavirus

Chicago Park Districts: <https://www.chicagoparkdistrict.com/>

<https://www.chicagoparkdistrict.com/coronavirus-response#EnhancedProgrammingParks>

Homeschooling Guide and Resources: <https://thenorthstar.com/a-crash-course-onhomeschooling-for-parents-affected-by-covid-19-school-closings/>

Parent / Caregiver Guide to Coping: <https://www.nctsn.org/resources/parent-caregiver-guideto-helping-families-cope-with-the-coronavirus-disease-2019?emci=c7a639b4-9368-ea11-a94c00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458>

FOOD ASSISTANCE

Food Banks: <https://www.chicagosfoodbank.org/find-food/>

Chicago Public Schools Food Distribution Things to Know: www.CPS.edu/coronavirus

<https://chicago.suntimes.com/coronavirus/2020/3/16/21181751/coronavirus-chicago-publicschools-food-meals-how-get-everything-know>

FINANCIAL ASSISTANCE

Illinois Department of Employment Security (IDES) for unemployment benefits:

<https://www2.illinois.gov/ides/Pages/default.aspx>

Mutual Aid Effort: Request and Provide Assistance

<https://docs.google.com/document/d/1BrTcX0r5NXpeOzXtSlpf4WsvrQitU0lnE8qQEKZYQGM/mobilebasic?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c00155d03b5dd&ceid=2639458>

Consumer Protection at the Office of the Illinois Attorney General: To report price gouging and other financial exploitation by businesses during this time, call (217) 782 1090

Emergency Rental Assistance:

https://www.chicago.gov/city/en/depts/fss/provdrs/serv/svcs/how_to_find_rentalassistanceinchicago.html

United Way COVID-19 Economic Relief Fund: 1-866-211-9966 for support for bills, rent and food

HOUSING ASSISTANCE AND ADVOCACY

Wi-Fi: <https://corporate.comcast.com/covid-19?emci=c7a639b4-9368-ea11-a94c00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458>

Women's Shelters Cook County: <https://www.womenshelters.org/co/il-cook>

Cook County Homeless Shelter Directory

<https://www.homelessshelterdirectory.org/cgibin/id/county.cgi?county=Cook-County&state=IL>

Recommendations for state and local government response:

<https://www.chicagohomeless.org/cch-recommendations-for-a-state-and-local-governmentresponse-to-covid-19-among-people-experiencing-homelessness/>

Cook County has halted all evictions

PUBLIC TRANSPORTATION

Chicago Transit Authority: <https://www.transitchicago.com/coronavirus/>

INFORMATION FOR SURVIVORS OF GENDER VIOLENCE:

Futures Without Violence: <https://www.futureswithoutviolence.org/get-updates-informationcovid-19/>

VAWnet: <https://vawnet.org/news/preventing-managing-spread-covid-19-within-domesticviolence-programs>

National Network to End Domestic Violence: https://nnedv.org/latest_update/resourcesresponse-coronavirus-covid-19/

Risk Assessment: <http://www.ncdsv.org/images/DANGERASSESSMENT.pdf>

IMMIGRATION AND TRAVEL

All people living in Illinois have the same access to healthcare and testing

City of Chicago Information for Immigrants

https://www.chicago.gov/content/dam/city/depts/mayor/Office%20of%20New%20Americans/PDFs/Resources_Flyers/Resources_Flyer_English_Color.pdf

CLINIC (Catholic Legal Immigration Network) <https://cliniclegal.org/covid-19>

U.S. Department of State travel advisory map <https://travelmaps.state.gov/TSGMap>

GENERAL INFORMATION

State of Illinois: <https://www2.illinois.gov/sites/coronavirus/Pages/default.aspx>

Frequently Asked Questions:

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-zlist/coronavirus/faq>

Centers for Disease Control (CDC)

Updates and Summaries: <https://www.cdc.gov/coronavirus/2019-ncov/casesupdates/summary.html>

Prevention Information: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Cleaning and Disinfecting Information: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

Print Resources: <https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

Alderman James Cappleman's (46th Ward) Newsletter

<https://mailchi.mp/james46/chicago-public-schools-covid-19-update?e=%5BUNIQID%5D>

Governor of Illinois Daily Press Briefings: www.dph.illinois.gov/topics-services/diseases-andconditions/diseases-a-z-list/coronavirus/media-publications/daily-press-briefings?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c00155d03b5dd&ceid=2639458